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# B.A./B.Sc.(General)3<sup>rd</sup>Semester 1125 PHYSICAL EDUCATION(In all Mediums)

Time Allowed : Three Hours [Maximum Marks : 36

**Note :-** Attempt **five** questions in all, including question No.1 which is compulsory and selecting one question from Units II-V.

### **UNIT-I**

- 1. Attempt the following questions in brief
  - (a) Define sports Psychology.
  - (b) What are the types of learning curve?
  - (c) Enlist types of motivation
  - (d) What are the traits of personality?
  - (e) Write the role of politics in promotion of sports.
  - (f) What are the major tournaments of softball?

2x6=12

### **UNIT-II**

- 2. What do you mean by Learning? Explain laws of learning. 12
- 3. What is Learning Curve?Write about its implication in Physical Education and Sports.

## **UNIT-III**

- 4. Define Motivation. Write in detail the methods of motivation.
- 5. Explain the types and factors affecting transfer of training. 12

#### **UNIT-IV**

- 6. What are the characteristics of personality? What is the role of physical education in the development of personality? 12
- 7. Definesocialization.How issocialization possible through Sports?

## **UNIT-V**

- 8. What are the reasons of deterioration of sports performance?
  Also suggest some Ways for Promotion of Sports.
- 9. What are the basic fundamentals of Softball ? Write in detail about the equipment used in softball.